

Интенсивный онлайн-тренинг  
по английскому языку

# Секреты успеха из первых уст-5

Секреты полиглотов: Как быстро  
овладеть любым иностранным языком



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# **Lesson 1**

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**Judy Thompson**

*Three Secrets You Need to  
Know About Spoken English*

*Vocabulary*

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## Введение

В этом словаре собраны наиболее яркие и нужные вам слова и выражения, которые встречаются в роликах. К каждому слову/выражению подобран контекст, чтобы вы запоминали их максимально эффективно и понимали, как они употребляются в речи.

Этот словарь полностью продублирован в формате карточек Anki (интерактивный словарь). Используя эти два варианта словаря, вы будете запоминать слова/выражения в контексте намного быстрее и эффективнее (а это значит: надолго). Помните, что вы также можете воспользоваться компьютерными программами, которые помогут вам прослушать все примеры, приведенные в словаре.

В конце словаря есть область для заметок, где я рекомендую записывать все незнакомые вам слова и выражения, которые вы встретите во время занятий. После того как вы запишете их здесь, обязательно сделайте новые карточки Anki и добавьте их в ваш интерактивный словарь. Я рекомендую вам активно пополнять его – не останавливайтесь только на тех карточках, что уже есть в словаре. Добавляйте как можно больше своих, и тогда ваш словарный запас будет расти с ошеломляющей скоростью!

*Ваш коуч по английскому языку  
и проводник в западный мир,*



*Диана Семёнычева*

<b>English</b>	<b>Translation into Russian</b>
<p><b>ESL (= English as a second language)</b></p> <p><i>English as a second language (ESL) is the use or study of English by speakers with different native languages.</i></p> <p><i>James is an ESL teacher and he can help you learn English well.</i></p>	а
<p><b>gonna (= going to)</b></p> <p><i>What are you gonna do?</i></p> <p><i>The game's gonna be the night before the carnival, and I expect you all to be here.</i></p>	собираться, планировать, намереваться что-то сделать
<p><b>tricky</b></p> <p><i>Those bird models are quite tricky to make, aren't they?</i></p> <p><i>I'm in a bit of a tricky situation really - whatever I do I'll offend someone.</i></p>	хитрый, непростой, сложный, трудный
<p><b>to go together</b></p> <p><i>The colours go well together.</i></p> <p><i>Do you think the cream dress and the blue jacket go together?</i></p>	сочетаться, сосуществовать
<p><b>the same</b></p> <p><i>My twin sister and I have the same nose.</i></p> <p><i>She was wearing exactly the same dress as I was.</i></p>	одинаковый, тот же самый

<p><b>loose</b></p> <p><i>A few loose sheets of paper were lying around.</i></p> <p><i>There were some loose wires hanging out of the wall.</i></p>	<p>свободный, слабый, ненатянутый, неопределенный</p>
<p><b>to learn how to read</b></p> <p><i>Some children learn how to read very early.</i></p> <p><i>Learning how to read in a foreign language is not as important as learning how to speak.</i></p>	<p>учиться читать</p>
<p><b>to get</b></p> <p><i>I didn't get what he said because the music was so loud.</i></p> <p><i>I told that joke to Sophia, but she didn't get it.</i></p>	<p>ПОНИМАТЬ</p>
<p><b>for the rest of life</b></p> <p><i>I'll be on hormone replacement therapy for the rest of my life to redress the balance, but it's a small price to pay.</i></p> <p><i>He will be blaming himself for the rest of his life.</i></p>	<p>ДО КОНЦА ЖИЗНИ, НА ВСЮ ОСТАВШУЮСЯ ЖИЗНЬ</p>
<p><b>to get started</b></p> <p><i>When can we get started?</i></p> <p><i>For an art gallery owner, Naples was a good place to get started.</i></p>	<p>взяться за дело, приступить, начать</p>
<p><b>stress</b></p> <p><i>Normally, the stress falls on the first syllable.</i></p> <p><i>The meaning of a sentence often depends on stress and intonation.</i></p>	<p>ударение</p>

<p><b>stress-based language</b></p> <p><i>English language became more 'stress-based' than 'stress-timed'.</i></p> <p><i>Sometimes it is not easy to speak a stress-based language correctly for a learner.</i></p>	<p>язык, основанный на ударении</p>
<p><b>sound-based language</b></p> <p><i>What sound-based languages do you know?</i></p> <p><i>The sound-based language had its sounds projected underwater into the dolphin tank.</i></p>	<p>язык, основанный на звуках</p>
<p><b>like</b></p> <p><i>She's very much like her mother.</i></p> <p><i>Is Japanese food like Chinese?</i></p>	<p>как и, нечто похожее, например, вроде</p>
<p><b>at all</b></p> <p><i>I'm afraid I have nothing at all to say.</i></p> <p><i>I don't like him at all.</i></p>	<p>вообще, совершенно, вовсе не (используется обычно с глаголом, стоящим в отрицательной форме)</p>
<p><b>to have a meeting</b></p> <p><i>We're having a meeting on Thursday to discuss the problem.</i></p> <p><i>Usually we have a meeting every second Wednesday each month.</i></p>	<p>заседать, проводить встречу</p>
<p><b>to show up</b></p> <p><i>I invited him for eight o'clock, but he didn't show up until 9.30.</i></p> <p><i>We were expecting 30 people to come, but half of them never showed up.</i></p>	<p>явиться, приехать, показаться</p>

<p><b>to be incensed</b></p> <p><i>The villagers are incensed at the decision to close the railway station.</i></p> <p><i>Palestinian human rights campaigners were incensed by the finding.</i></p>	<p>быть рассерженным, в негодовании, возмущенным</p>
<p><b>Don't worry</b></p> <p><i>"Don't worry, Fred," comforted Bill, "everything will be all right."</i></p> <p><i>Bill: I think I left the car windows open. Sue: Don't worry, I closed them.</i></p>	<p>не бойтесь!, не стоит расстраиваться!</p>
<p><b>anymore</b></p> <p><i>I don't do yoga anymore.</i></p> <p><i>Do they make this model anymore?</i></p>	<p>уже не, больше не (используется в вопросительном или отрицательном предложении)</p>
<p><b>to carry the day</b></p> <p><i>Preparation carried the day and James passed his exams.</i></p> <p><i>Her argument in favour of pay increases eventually carried the day.</i></p>	<p>взять верх, одержать победу</p>
<p><b>the way</b></p> <p><i>This is the way I work.</i></p> <p><i>I can't understand the way he speaks.</i></p>	<p>1. именно так, вот так; 2. то, как</p>
<p><b>linking</b></p> <p><i>It is as if the linking z provides an onset for the vowel-commencing word.</i></p> <p><i>Every day practice can help you recognise linking features of connecting consonants to vowels.</i></p>	<p>связывание (в фонетике)</p>

<p><b>to back up</b></p> <p><i>I want you to back up for a second.</i></p> <p><i>Let's back up to what you just said and go over that point again.</i></p>	<p>вернуться в рассказе</p>
<p><b>to be embarrassed to say</b></p> <p><i>She was embarrassed to say she loved him.</i></p> <p><i>I was too embarrassed to admit that I was scared.</i></p>	<p>стыдно сказать</p>
<p><b>let me show you</b></p> <p><i>Let me show you the way I solve the problems.</i></p> <p><i>Let me show you my room.</i></p>	<p>позвольте мне показать вам</p>
<p><b>so what</b></p> <p><i>So what if I'm 35 and I'm not married - I lead a perfectly fulfilling life!</i></p> <p><i>"Andrew won't like it, you know." "So what? - I don't care what Andrew thinks!"</i></p>	<p>ну и что?</p>
<p><b>to be after</b></p> <p><i>He's after Jane's job.</i></p> <p><i>You are only after me for my money.</i></p>	<p>пытаться завоевать, нацелиться на что-либо</p>
<p><b>marble</b></p> <p><i>This table is made of marble.</i></p> <p><i>The room was painted pearl white which happened to match the polished marble floor.</i></p>	<p>мрамор</p>

<p><b>to alternate</b></p> <p><i>She alternated between cheerfulness and deep despair.</i></p> <p><i>He alternated working in the office with long tours overseas.</i></p>	<p>чередовать, заменять</p>
<p><b>any which way</b></p> <p><i>The fence lay any which way between the bare black yard and the broken sidewalk.</i></p> <p><i>Any which way but without you And if heaven ever falls Should I be rich or lose it all Any which way but without you, baby (Kimberley Locke lyrics).</i></p>	<p>спустя рукава, равнодушно, как угодно</p>
<p><b>to pop in</b></p> <p><i>Can you pop in some toast for me, please?</i></p> <p><i>She popped in some toast and made some tea.</i></p>	<p>вставить тост</p>
<p><b>the brave one</b></p> <p><i>She was the brave one at that situation.</i></p> <p><i>Who is the brave one to be the first?</i></p>	<p>смельчак, храбрец          ('one' здесь употребляется как слово-заменитель, обычно заменяет впереди стоящее существительное; в данном случае, заменяет слово «человек»)</p>
<p><b>out loud</b></p> <p><i>I had to read the essay out loud in front of the whole school.</i></p> <p><i>We laughed out loud at this, which is more than we can say about the film.</i></p>	<p>вслух, громко</p>
<p><b>Go ahead...</b></p> <p><i>Alice: I'm leaving. John: Go ahead. See if I care.</i></p> <p><i>Jane: Can I put this one in the refrigerator?</i>  <i>Sue: Sure. Go ahead.</i></p>	<p>вперед, действуйте</p>

<p><b>sloppy</b></p> <p><i>At home I tend to wear big sloppy jumpers and jeans.</i></p> <p><i>It was a small sloppy room.</i></p>	<p>небрежный, неряшливый</p>
<p><b>to reconcile</b></p> <p><i>It is sometimes difficult to reconcile science and religion.</i></p> <p><i>It's difficult to reconcile such different points of view.</i></p>	<p>согласовывать</p>
<p><b>God bless them</b></p> <p><i>God bless them on the road!</i></p> <p><i>God bless them and all their family!</i></p>	<p>да благословит их господь, дай бог им здоровья</p>
<p><b>to look for</b></p> <p><i>She looked for her comb, but couldn't find it.</i></p> <p><i>Police are looking for two suspects.</i></p>	<p>искать</p>
<p><b>collocation</b></p> <p><i>In the phrase "a hard frost", "hard" is a collocation of "frost" and "strong" would not sound natural.</i></p> <p><i>This example shows how the meanings of words are constructed and maintained by patterns of collocation.</i></p>	<p>сочетание слов, устойчивое словосочетание</p>
<p><b>another name for</b></p> <p><i>Can you think of another name for linguistics?</i></p> <p><i>Abortion is truly just another name for murder.</i></p>	<p>синоним</p>

<p><b>to come together</b></p> <p><i>When they both come together, they are unbeatable.</i></p> <p><i>These two groups never come together.</i></p>	<p>объединяться</p>
<p><b>for no reason</b></p> <p><i>Sometimes the dog would bark for no apparent reason.</i></p> <p><i>They broke up for no reason.</i></p>	<p>без всякой причины</p>
<p><b>to fall in love</b></p> <p><i>They met and fell madly in love.</i></p> <p><i>He fell in love with a young German student.</i></p>	<p>влюбиться</p>
<p><b>romance</b></p> <p><i>He loves the romance of travelling on a steam train.</i></p> <p><i>They kept the romance alive in their marriage for 35 years.</i></p>	<p>романтика</p>
<p><b>carved in stone</b></p> <p><i>These proposals are for discussion, they're not carved in stone.</i></p> <p><i>Is this policy carved in stone, or can it still be modified?</i></p>	<p>неизменный, об общепризнанной идеи, концепции</p>
<p><b>to sound like</b></p> <p><i>You won't sound like him no matter how hard you try.</i></p> <p><i>She tried to sound like her mother.</i></p>	<p>походить на</p>

<p><b>to run something</b></p> <p><i>He's been running his own company since he left school.</i></p> <p><i>Christine returned to Dawson Fold to help her father manage the farm and run the shop.</i></p>	<p>управлять</p>
<p><b>ecstatic</b></p> <p><i>The new president was greeted by an ecstatic crowd.</i></p> <p><i>Ecstatic fans filled the stadium.</i></p>	<p>восторженный</p>
<p><b>native speaker</b></p> <p><i>All our teachers are native speakers of English.</i></p> <p><i>Javanese is the second most-spoken language in Indonesia, with 83 million native speakers.</i></p>	<p>НОСИТЕЛЬ ЯЗЫКА</p>
<p><b>like that</b></p> <p><i>If my mom was here she wouldn't let them talk to me like that, but since she isn't I have to deal with it.</i></p> <p><i>I think she was being totally disrespectful and that it's not okay for her to talk to me like that.</i></p>	<p>подобным образом</p>
<p><b>the final nail in the coffin</b></p> <p><i>That report drove the final nail in the company's coffin.</i></p> <p><i>I think that argument was the final nail in the coffin of our friendship.</i></p>	<p>последняя капля (буквально «вбить последний гвоздь в гроб»)</p>

<p><b>grammar rule</b></p> <p><i>Grammar rules tell us how we should form words and sentences.</i></p> <p><i>He knows all grammar rules, but still his language is not perfect.</i></p>	<p>грамматическое правило</p>
<p><b>adjective</b></p> <p><i>"Big", "boring", "purple", and "obvious" are all adjectives.</i></p> <p><i>In Swinburne's work as a whole many adjectives are used as nouns and many nouns as adjectives.</i></p>	<p>прилагательное</p>
<p><b>noun</b></p> <p><i>"Doctor", "coal" and "beauty" are all nouns.</i></p> <p><i>An important reason for this is that most nouns and most adjectives have rather complex semantic structures.</i></p>	<p>имя существительное</p>
<p><b>pretty much the same</b></p> <p><i>The two saucepans seem pretty much the same to me.</i></p> <p><i>It hardly matters which candidate you vote for; they're all pretty much the same.</i></p>	<p>практически тот же самый, одинаковый</p>
<p><b>no such thing</b></p> <p><i>I've told you before, darling, there's no such thing as ghosts!</i></p> <p><i>They say that there's no such thing as a free lunch, but it is possible to get fat while your employer helps to pick up the bill!</i></p>	<p>ничего подобного, вовсе нет</p>

<p><b>half a dozen</b></p> <p><i>Almost a half-dozen were taken to hospital with injuries.</i></p> <p><i>One day in early December of 1996, Moira and a half-dozen fellow students decided to occupy the school.</i></p>	<p>полдюжины</p>
<p><b>merry men</b></p> <p><i>All that summer Robin Hood and his merry men roamed in Sherwood Forest, and the fame of their deeds ran abroad in the land.</i></p> <p><i>But, clerk, if you would see your brother you must on, for there is a meeting to-day, and his merry men will await him ere the shadows turn from west to east.</i></p>	<p>честная компания, шайка, братия</p>
<p><b>merry go round</b></p> <p><i>The girls wanted the merry-go-round to go faster.</i></p> <p><i>And I made all these little apartments and little merry-go-rounds, seesaws and swings, little ladders.</i></p>	<p>карусель</p>
<p><b>The Merry Widow</b></p> <p><i>The Merry Widow is an operetta by the Austro-Hungarian composer Franz Lehár.</i></p> <p><i>The Merry Widow was given its American Ballet Theatre Company Premiere at the Metropolitan Opera House, New York on June 6, 1997.</i></p>	<p>Веселая вдова (оперетта Ф. Легара)</p>
<p><b>an idiomatic language</b></p> <p><i>English is quiet an idiomatic language.</i></p> <p><i>Idiomatic languages are difficult to learn, but interesting to know.</i></p>	<p>язык, богатый идиомами</p>

<p><b>here we go</b></p> <p><i>Okay, here we go.</i></p> <p><i>Somewhere in here there are actually a series of photographs -- here we go.</i></p>	<p>ВОТ</p>
<p><b>access to</b></p> <p><i>Can you get access to a computer?</i></p> <p><i>Every day, more citizens gain access to the Web and each other.</i></p>	<p>ДОСТУП К</p>
<p><b>too</b></p> <p><i>I can't reach the shelf - it's too high.</i></p> <p><i>There were too many people for such a small room.</i></p>	<p>очень, слишком (в середине предложения); тоже, также (в конце предложения, фразы)</p>
<p><b>by</b></p> <p><i>She had promised to be back by five o'clock.</i></p> <p><i>The application must be in by the 31st to be accepted.</i></p>	<p>к, по состоянию на</p>
<p><b>since</b></p> <p><i>I've been very busy since I came back from holiday.</i></p> <p><i>Emma went to work in New York a year ago, and we haven't seen her since.</i></p>	<p>с какого-то времени</p>
<p><b>Voice of America</b></p> <p><i>The Voice of America is the official external broadcast institution of the United States federal government.</i></p> <p><i>Not a single top official at the Voice of America or Radio Free Europe has been replaced.</i></p>	<p>радиостанция «Голос Америки»</p>

<p><b>to look over</b></p> <p><i>I had a few minutes before the meeting to look over what he'd written.</i></p> <p><i>Would you quickly look over these figures for me and see if there are any obvious mistakes?</i></p>	<p>оглядывать, просмотреть</p>
<p><b>to be finished with</b></p> <p><i>One suspects he will be finished with boxing.</i></p> <p><i>I'm so glad to finally be finished with my research paper.</i></p>	<p>прекратить, бросить</p>
<p><b>to look up</b></p> <p><i>So he's eating my potato and then he looks up and goes, "Mom, what are you doing tonight?"</i></p> <p><i>If you don't know the meaning of a word, look it up in a good dictionary.</i></p>	<p>отвести взгляд, искать что-либо в справочнике</p>
<p><b>to go</b></p> <p><i>And then he goes: "You can stay here as well".</i></p> <p><i>"I never want to see you ever again," he goes, and storms out the house.</i></p>	<p>говорить</p>
<p><b>gnarly dude</b></p> <p><i>Jim is a gnarly dude in our town.</i></p> <p><i>I haven't seen him since school, he was a gnarly dude then.</i></p>	<p>крутой чувак</p>
<p><b>awesome</b></p> <p><i>You look totally awesome in that dress.</i></p> <p><i>The band is truly awesome!</i></p>	<p>отпад, улет, потрясающе</p>

<p><b>to score a Thinkpad</b></p> <p><i>You scored a Thinkpad, that's sick.</i></p> <p><i>He scored a Thinkpad at the competition.</i></p>	<p>выиграть Thinkpad (линейка ноутбуков, выпускаемая компанией Lenovo)</p>
<p><b>that's sick</b></p> <p><i>You've been to Cafe del Mar, that's sick!</i></p> <p><i>He's bought a new car, that's sick!</i></p>	<p>это ужасно круто</p>
<p><b>because of</b></p> <p><i>They moved here because of the baby.</i></p> <p><i>The flight was delayed because of bad weather.</i></p>	<p>из-за</p>
<p><b>worth sharing</b></p> <p><i>Do you have something worth sharing?</i></p> <p><i>If you've got an awesome photo that tells a story worth sharing, we'd love to see it in the contest!</i></p>	<p>заслуживает внимания</p>
<p><b>best before date</b></p> <p><i>The flour is not yet past its best-before date.</i></p> <p><i>It is illegal to sell or give away food after its 'best before' date if the food has deteriorated so much that it does not meet these expectations.</i></p>	<p>срок годности</p>
<p><b>in black and white</b></p> <p><i>I couldn't believe it was true, but there it was, in black and white.</i></p> <p><i>I want to get the information in black and white before I go to the meeting.</i></p>	<p>в письменном виде, черным по белому</p>



