

Закрытый клуб

Читаем вместе по-английски

'The Longest Ride' by Nickolas Sparks

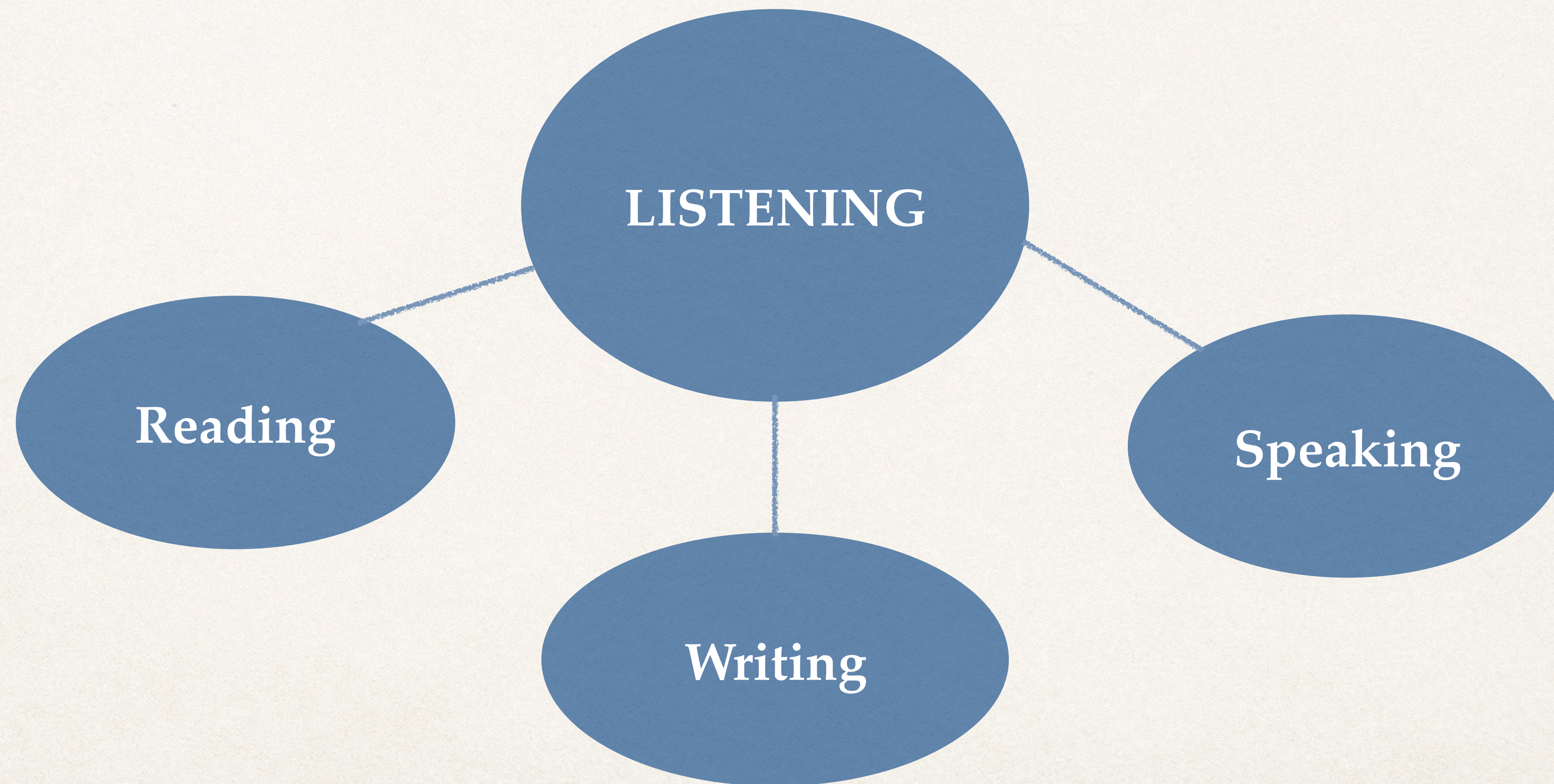


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**Пошаговый алгоритм
для комплексной
тренировки всех
навыков по книгам**

Top Secrets of Learning English in an Effective Way



Пошаговый алгоритм для комплексной тренировки всех навыков по книгам

- 1. Для продвинутых:** Один раз слушаете фрагмент аудиокниги, пытаетесь понять, о чем говорят, но при этом не расстраиваетесь, если сразу чего-то не понимаете и не можете расслышать.
- 2.** Смотрите видеоурок с полным разъяснением изучаемого материала, внимательно следите по тексту книги.
- 3.** По мере просмотра видеоурока или занятий со слайдами записываете нужные вам фразы, устойчивые выражения и пр. или сразу заносите их в программу для активного пополнения словарного запаса *Anki*.

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4. Если вы не можете разобрать какие-то слова, обратитесь к словарю www.howjsay.com или forvo.com.

5. Для продвинутых: Включаете нужный фрагмент аудиокниги в оригинальном исполнении носителя языка. 3–5 раз слушаете носителя языка, следите внимательно по тексту, обращаете внимание на особенности произношения.

Пошаговый алгоритм для комплексной тренировки всех навыков по книгам

6. Для базового уровня: Если вам трудно сразу воспринимать речь носителей языка, поработайте сначала с аудиотренажером, который мы подготовили для вас. Вы можете сначала прослушать аудиотренажер, чтобы подготовить свои уши к восприятию речи носителей языка и только потом переходить к прослушиванию фрагмента аудиокниги. Найдите для себя оптимальный баланс по количеству прослушиваний (аудиотренажера и аудиокниги).

7. Убираете текст. Теперь слушаете без текста 3–5 раз, при этом не пытаетесь мысленно переводить. Текст вам уже знаком, постарайтесь его воспринимать так, словно говорят по-русски.

Пошаговый алгоритм для комплексной тренировки всех навыков по книгам

8. Включите запись в программе Audacity или можете использовать любой гаджет, где есть функция диктофона. Включите аудиокнигу, удобнее слушать носителя языка в наушниках, прочтите фрагмент книги вслух одновременно с тем, как произносит его носитель языка. Как только закончили, нажмите на Stop и сохраните свою аудиозапись. Аудиозапись вам потребуется в самом конце работы с материалом, когда вы сравните то, как вы произносили в самом начале с тем, что вы получили в результате плотной работы с материалом.

Пошаговый алгоритм для комплексной тренировки всех навыков по книгам

9. При необходимости прочтите фрагмент книги вслух вместе с носителем языка еще 1-2 раза.

10. Включите оригинальный ролик и останавливайте его после каждого предложения и пробуйте воспроизвести вслед за носителем языка. Имитируйте все нюансы речи носителя языка, которые вы слышите. Почувствуйте себя тем человеком, речь которого имитируете. При необходимости повторите 1-3 раза. Помните, важно делать столько раз, сколько вам необходимо для достижения результата.

Пошаговый алгоритм для комплексной тренировки всех навыков по книгам

11. Включите аудиокнигу, говорите практически одновременно с носителем языка БЕЗ текста. Произносите все сразу же, как только слышите, в идеале с отставанием в четверть секунды. Скорее всего, у вас не получится с первого раза хорошо произнести, близко к произношению носителя языка. Повторяйте столько раз, сколько необходимо для достижения результата.

Пошаговый алгоритм для комплексной тренировки всех навыков по книгам

12. Почувствовав, что вам все это дается легко, вновь запишите себя, когда будете в последний раз работать с фрагментом аудиокниги. Снова включите первую запись, прослушайте, как вы говорили в самом начале, потом прослушайте вторую запись. Оцените свой прогресс.

13. Устраиваете себе диктант: останавливаете запись, пробуя набрать или написать текст, прозвучавший в оригинальном ролике. Затем сверяете его с оригинальным текстом.

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Lesson 2

The Longest Ride

Chapter 1, Part 1

The Longest Ride

Chapter 1, Part 1



The Longest Ride

Chapter 1 – Early February 2011 – Ira

- I sometimes **think to myself** that **I'm the last of my kind.**
- My name is Ira Levinson. I'm a southerner and a **Jew**, and equally proud to **have been called** both at one time or another. I'm also an old man. I was born in 1920, the year that **alcohol was outlawed** and women were given the right to vote, and I often wondered if that was the reason my life **turned out the way it did.**

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **I've never been a drinker, after all,** and the woman I married **stood in line to cast a ballot** for Roosevelt **as soon as** she **reached the appropriate age,** so it would be easy to imagine that the year of my birth somehow **ordained it all.**

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- My father **would have scoffed** at the **notion**. He was a man who believed in rules. “Ira,” he **would say to** me when I was young and working with him in the **haberdashery**, “**let me tell you something** you should never do,” and then he would tell me. His **Rules for Life**, he called them, and I **grew up** hearing my father’s **rules on** just about everything.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- Some of what he told me was **moral in nature**, rooted in the teachings of the Talmud; and they were probably **the same things** most parents said to their children. I **was told** that I should never lie or cheat or steal, **for instance**, but my father—**a sometimes Jew**, he called himself **back then – was far more likely to focus** on the practical.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- Never go out in the rain without a hat, he **would tell me.**
Never touch a **stove burner, on the off chance** it still might be hot. I was warned that I should never count the money in my wallet in public, or buy jewelry **from a man on the street, no matter** how good the deal might seem.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **On and on** they went, these **nevers**, but **despite** their **random nature**, I **found myself following** almost **every one**, perhaps because I wanted **never** to disappoint my father. His voice, even now, **follows me everywhere** on this longest of rides, this thing called life.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **Similarly,** I was often told what I should do. He expected **honesty and integrity in all aspects of life,** but I was also told to **hold doors for** women and children, to **shake hands with a firm grip,** to remember people's names, and to always give the customer **a little more** than expected.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- His rules, I **came to realize**, not only were the basis of a philosophy that **had served** him **well**, but said everything about who he was. **Because** he believed **in honesty and integrity**, my father believed that others did **as well**. He believed in **human decency** and assumed others **were just like** him.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- He believed that most people, **when given the choice**, would do what was right, even when it was hard, and he believed that **good almost always triumphed over evil**. He wasn't **naive, though**. "Trust people," he **would tell me**, "until they give you a reason not to. And then never **turn your back**."
- More than anyone, my father shaped me into the man I am today.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- But the war changed him. Or rather, the Holocaust changed him. Not his intelligence – my father could finish the New York Times **crossword puzzle in less than ten minutes** – but his beliefs about people. **The world he thought he knew no longer made sense to him,** and he began to change.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **By then** he was **in his late fifties**, and **after making me a partner in the business**, he spent little time in the shop. **Instead**, he became a **full-time** Jew. He began to **attend** synagogue regularly with my mother – **I'll get to** her later – and **offered financial support** to numerous Jewish causes. He **refused to work on** the Sabbath.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- He **followed** with interest **the news regarding** the founding of Israel – and the Arab-Israeli War in its **aftermath**– and he began to visit Jerusalem **at least once a year, as if looking for** something he'd **never known** he'd **been missing. As** he **grew older**, I began to worry more about those overseas trips, but he **assured me** that he could **take care of himself**, and for many years he did.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **Despite** his **advancing age**, his mind remained **as sharp as ever**, but **unfortunately** his body wasn't quite so accommodating. He **had a heart attack** when he was ninety, and though he **recovered**, a stroke seven months later greatly **weakened** the right side of his body. Even then, he **insisted on taking care of himself**.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- He **refused to move to a nursing home, even though** he **had to use a walker to get around**, and he continued to drive despite my **pleas** that he **forfeit** his license. It's dangerous, I **would tell him**, to which he **would shrug**.
- What can I do? he would answer. How else **would I get to** the store?

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- My father finally died a month before he **turned 101**, his **license** still in his wallet and a **completed crossword puzzle** on the **bed-stand** beside him. It **had been** a long life, an interesting life, and **I've found myself thinking about him often of late**. It **makes sense**, I suppose, because **I've been following in his footsteps all along**.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- I carried with me his Rules for Life every morning as I opened the shop and **in the way I've dealt with** people. I remembered names and gave more than was expected, and **to this day** I take my hat with me when I think there's a chance of rain. **Like** my father, I **had a heart attack** and now use a walker, and though I never liked crossword puzzles, my **mind seems as sharp as ever.**

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- And, like my father, I was **too stubborn** to **give up my license. In retrospect**, this was probably a mistake. If I had, I wouldn't be in this **predicament**: my car **off the highway** and halfway down the **steep embankment**, the **hood crumpled from impact with** a tree.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- And I wouldn't be fantasizing about someone **coming by** with a thermos full of coffee and a blanket and one of those **movable thrones** that carried the pharaoh from one **spot** to the next. **Because as far as** I can tell, that's just **about the only way I'm ever going to make it out of here alive.**

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **I'm in trouble.** Beyond the **cracked windshield**, the snow continues to fall, **blurry** and **disorienting**. My head **is bleeding**, and **dizziness comes in waves; I'm almost certain my right arm is broken. Collarbone, too.** My **shoulder throbs**, and the slightest **twitch is agonizing**. Despite my jacket, I'm already so cold that **I'm shivering**.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **I'd be lying** if I told you I wasn't afraid. I don't want to die, and **thanks to** my parents – my mother lived to ninety-six – I long assumed that I **was** genetically **capable of** growing even older than I already am. Until a few months ago, I fully believed I **had half a dozen good years left. Well,** maybe not good years. **That's not the way** it works at my age.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **I've been disintegrating for a while now** – heart, **joints, kidneys, bits and pieces** of my body beginning to **give up the ghost** – but **recently** something else **has been added to the mix. Growths in my lungs**, the doctor said. **Tumors. Cancer.**

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- My time **is measured in months** now, not years... but **even so**, I'm not ready to die **just yet**. Not today. There is something I **have to do**, something I **have done** every year **since** 1956. A **grand tradition is coming to an end**, and more than anything, I wanted one last chance to say good-bye.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **Still**, it's funny what a man thinks about when he believes death to be **imminent**. **One thing I know for sure** is that if **my time is up, I'd rather not go out this way** – body **trembling, dentures rattling**, until finally, **inevitably**, my heart just **gives out** completely. I know what happens when people die – at my age, **I've been to too many funerals to count**.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- If I **had the choice, I'd rather go in my sleep, back home** in a comfortable bed. People who die **like that look good at the viewing, which is why,** if I feel the **Grim Reaper tapping my shoulder, I've already decided to** try to **make my way to the backseat.**

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **The last thing I want** is for someone to **find me out** here, **frozen solid in a sitting position like some bizarre** ice sculpture. How would they ever **get my body out? The way I'm wedged** behind the wheel, it would be like trying to get a piano out of the bathroom.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- I can imagine some **fireman chipping away** at the ice and **wobbling** my body **back and forth, saying things like** “**Swing** the head **this way, Steve,**” or “**Wiggle** the old guy’s arms that way, Joe,” while they try to **manhandle** my **frozen** body out of the car.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- **Bumping** and **clunking**, pushing and pulling, until, with one last big **heave**, my body **thumps to the ground**. Not for me, thanks. I still have my pride. So **like** I said, **if it comes to that**, **I'll try my best to make my way to the backseat** and just close my eyes. **That way** they can **slide me out like a fish stick**.

The Longest Ride

Chapter 1 – Early February 2011 – Ira

- But maybe it won't come to that. Maybe someone will spot the **tire tracks** on the road, **the ones heading straight** over the embankment. Maybe someone will stop and **call down**, maybe **shine a flashlight** and **realize** there's a car down here. It isn't **inconceivable**; it could happen. It's snowing and people are already driving slowly. Surely someone's **going to find** me. They **have to find** me.
- Right?

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